



Call & Check Service



Do you know someone who is self-isolating?

Do you know someone who is extremely vulnerable and was told to 'shield' in the first lock down?

Do you know someone who would enjoy a friendly chat?

SACMHA is working with Public Health around the issue of Covid-19 and the need for some of the African Caribbean Community to self-isolate for whatever reason.

We now have trained volunteers in place and can accept requests. The volunteers will call the person for a chat at least once a week.

If they have a particular issue that needs to be followed up, e.g. collecting medication or shopping, this will be referred back to the staff team at SACMHA to follow up.

Please ensure you have the person's consent before sending us their details

To request a Call & Chat please send details to:

admin@sacmha.org.uk

One of our staff will be in touch.

Please check out our revamped website – loads of great information for our community www.sacmha.org.uk

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