

Flu Facts

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GENERAL BACKGROUND

Flu kills over 11,000 people every year, on average, and some years it is much more. Each year many people are hospitalised by it. This year 2020, is anything but an average year.

COVID 19

As COVID-19 is likely to be circulating with flu, it is vitally important to protect those at high risk. They are also the most vulnerable to hospitalisation as a result of COVID-19.

HOW DOES THE FLU SPREAD?

We think of it as 'just the flu'. But it is a virus. The flu virus spreads from person to person, even amongst those not showing any symptoms. It can cause severe complications, particularly for high risk groups.

So, when it comes to flu, there is no 'JUST' about it. If you are considering getting the flu vaccination, don't put it off. If you are eligible, get it now because you need it. It's free!

SURVEY

HOW MANY PEOPLE FROM THE AFRICAN CARIBBEAN COMMUNITY HAVE HAD THE FLU JAB (2020) (This is the information we wish to establish). Please answer the following questions (Yes or No)

- | | | |
|---|-----|----|
| Have you had the flu virus? | Yes | No |
| Have you ever had the flu vaccine? | Yes | No |
| Do you need more information about the flu jab? | Yes | No |



Get your flu jab!

